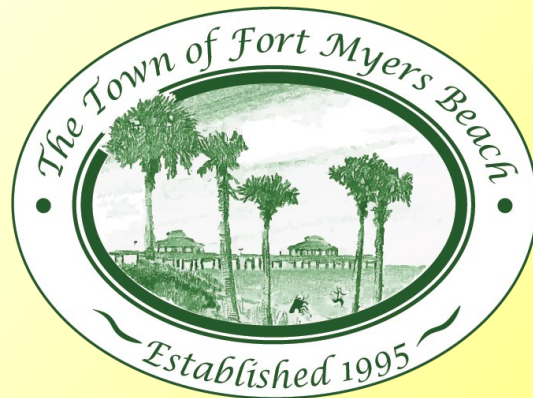


# Fort Myers Beach Parks & Recreation



# May & June

## *Meet the Staff*

### **Bay Oaks Recreational Campus: (239) 765-4222**

**Parks & Recreation Director:** Randy Norton

**Youth Coordinator:** Sarah Mayher

**Athletic & Fitness Coordinator:** Adam Leicht

**BOSS Coordinator:** Kyle Karczewski

***All Bay Oaks Staff is CDC Concussion Safety ,  
CPR, AED, and Emergency Management Certified***

### **Beach Pool: (239) 463-5759**

**Aquatics Supervisor:** Paul Rapp

### **Mound House/ Newton Park: (239) 765-0865**

**Cultural Resources Manager:** Regan McBride

**Environmental Education Coordinator:** Parke Lewis

**Education/Volunteer Coordinator:** Penny Jarrett

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## **Bay Oaks Recreational Campus Advisory Board (BORCAB)**

**Members:** Betty Simpson (chair)  
Rae Sprole (vice-chair)  
Becky Bodnar  
Rex Pontius  
Tom Myers  
Bryan Raymond  
Peg LaMarca

**Town Council Liaison:** Council Member Summer Stockton

**Upcoming Meetings:** May 1st  
June 5th



## **Cultural and Environmental Learning Center Advisory Board (CELCAB)**

**Members:** Barbara Anderson Hill (chair)  
Ceel Spulher (vice-chair)  
Betty Simpson  
Rex Pontius  
Cherie Smith  
Lorrie Wolf  
Becky Werner

**Volunteer Historical Advisor:** Bill Grace

**Town Council Liaison:** Mayor Anita Cereceda

**Upcoming Meetings:** May 29th  
June 26th





# SPECIAL EVENTS



## 4th of July Parade and Fireworks

Come celebrate Independence Day with the Town of Fort Myers Beach with our 2nd Annual 4th of July Parade and Fireworks show. The Parade route will begin at Bay Rd. next to the Fort Myers Beach Public Library and proceed north into Times Square. If you or someone you know are interested in participating in the parade and having some type of display please contact Bay Oaks Recreation Center. Parade registration is now open. Following the Parade and Hot Dog Eating Contest, watch the Town of Fort Myers Beach light up the night sky with a 30 minute firework show beginning shortly after sunset.

### Parade

**Date:** Friday, July 4th

**Time:** 10:00am

### Fireworks

**Date:** Friday, July 4th

**Time:** Sunset



## Hot Dog Eating Contest

Bay Oaks Recreation Center will be hosting their first annual 4th of July Hot Dog Eating Contest. Anyone interested in entering please contact Sarah or Adam. There will be a men's, women's and kids (under 16 division). The winner of each division will receive a championship trophy and \$100. Spots will be limited to the first 15 people to register in each division so sign up today!!!

**Date:** Friday, July 4th

**Time:** 2:00pm

**Fee:** \$25.00

**Find us-** Instagram: @bayoaksrec Facebook: Bay Oaks Recreational Campus



## Volunteer Opportunities

Bay Oaks offers a wide variety of opportunities to volunteer. From high school students to seniors citizens, there is something for everyone to help out with. For those looking to work with our youth program we have our Club Rec afterschool program, summer camp, various athletic leagues and competitions such as flag football or basketball, and a wide range of other trips and special events. We are always in need of volunteer coaches, tutors or just someone to play games with the children. Bay Oaks Social Seniors, also known as BOSS, is our senior program designed for the active elderly. Volunteers will assist staff with coordinating these events and will gain hands on experience in the parks and recreation department. In addition to our youth and senior programs, we also host a variety of special events throughout the year such as our annual Family Fright Night Halloween party, BORC Bash or any of our other seasonal events. If you are a high school or college student looking to earn volunteer hours for graduation or just looking to get involved with your community please contact any Bay Oaks Staff member for more info on these or any other volunteer opportunities.

Town of Fort Myers Beach 2<sup>nd</sup> Annual 4<sup>th</sup> of July Parade Application

**THEME: Red, White and Blue**

Parade Start Time: 10:00am sharp. Staging begins at 8:00am. All participants must arrive no later than 9:00am

Organization Name: \_\_\_\_\_

Organization Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Contact Phone Number(s): \_\_\_\_\_

Contact Email: \_\_\_\_\_

**JUDGING INFORMATION:** Do you wished to be judged? \_\_\_yes \_\_\_no.

Trophies/prizes will be awarded. Select each category (below) you wish to be judged.

**STAGING INFORMATION:** The following information is required in detail to assist the Parade Planning Committee in space planning at the staging area.

#1 Length of entry – including pulling vehicle: \_\_\_\_\_ft. long

#2 Type of pulling vehicle (car, truck, tractor, animal, etc.): \_\_\_\_\_

#3 Number of personnel in your entry: \_\_\_\_\_. Number of Animals: \_\_\_\_\_

#4 Sound effects – please describe the type of equipment you plan to use (boom box, amplifiers, etc.)

a. \_\_\_\_\_I will not have sound OR

b. Our entry will be using \_\_\_\_\_as a sound effect.

**TYPE OF ENTRY:**

FEE: Business \$40

Non-profit \$20

Families FREE

Business/Professional (\_\_\_) Civic/non-profit (\_\_\_)

Decorated Truck (\_\_\_) Decorated Car (\_\_\_) Decorated Boat (\_\_\_)

Youth Group (\_\_\_) Marching: musical (\_\_\_) Marching: non-musical (\_\_\_)

Youth/Teens/Adults/Seniors on bicycles, skateboards, walking – NO FEE (\_\_\_)

Families on bicycles, skateboards, walking – NO FEE (\_\_\_)

Entry Fee must accompany application. *Make checks payable to: Town of Fort Myers Beach*

Mail application to: TOFMB Parks and Recreation Department, 2523 Estero Blvd., Fort Myers Beach, FL 33931. Each applicant will receive a confirmation, parade rules and line-up information.

\*\*\*\*Entry deadline is June 27 at noon\*\*\*\*



# TEEN & YOUTH PROGRAMS



## Transformers 4: Age of Extinction

An automobile mechanic and his daughter make a discovery that brings down the Autobots and Decepticons and a paranoid government official on them.

**Registration Deadline:** Friday, June 20th.

**When:** Saturday, June 28th.

**Fee:** \$10/Member. \$12/Non-Member.

## Mike Greenwell's

Former Boston Red Sox left fielder graduated from North Ft. Myers High School. Growing up in Lee County he realized the need for a fun safe place for the kids of our community. Fun is exactly what we will have. At Mike Greenwell's you'll have the choice between batting cages, go karts, paint ball, arcade games, mini golf and more! The below cost covers your transportation to Mike Greenwell's. You are responsible to bring money to enjoy the numerous activities that are offered. For pricing information visit [www.greewellsfamilyfunpark.com](http://www.greewellsfamilyfunpark.com), coupon available at Bay Oaks.

**Registration Deadline:** Wednesday, June 11th.

**When:** Wednesday, June 18th.

**Fee:** \$3/Member. \$5/Non-Member.

## Fun Days

When school is out make it a Fun Day at Bay Oaks. Fun Days are open from 7:30am-6pm, and open to kids grades K-8. Fun Days offer a wide variety of activities so you know you won't get bored. All participants are asked to bring a lunch and arrive before 9am. Registration forms can be found online at [www.fortmyersbeachfl.gov](http://www.fortmyersbeachfl.gov) or by stopping by the Rec Center.

*Preregistration is recommended.*

**When:** Tuesday May 27th-Friday May 30th.

**Fee:** \$13/Member.

## Teen Lock-In

All your friends will be here playing games, watching movies, playing pranks, eating pizza & ice cream and much more. This is an all night party so rest up and get ready to have fun. Grades 6th-11th

**Registration Deadline:** Friday, June 13th.

**When:** Saturday, June 21st. 9pm-7am.

**Fee:** \$10/Member. \$12/Non-Member.

## Sun Splash Trip

Come spend part of your Summer vacation with your friends at one of the coolest water parks around! Enjoy a day of waterslides, sun and much, much, more! The Bay Oaks youth program will be traveling to Cape Coral to spend the day at Sun Splash.

**Registration Deadline:** Thursday May 22nd.

**When:** Thursday May 29th. 10am-4pm.

**Fee:** \$20/Member. \$22/Non-Member.



## Youth & Teen Basketball League

It's summer time and that means our Youth & Teen Basketball League is back in season. Youth league ages are 5-8, 9-13 and Teen ages 14-17. All games are played on Saturday morning/afternoon. Volunteer coaches are also needed. If you or someone you know may be interested in coaching please contact Adam @ 239-765-4222.

**League Start Date:** Saturday, June 28th.

**Registration Deadline:** Saturday, June 14th.

**Player Fee:** \$25.

# TEEN & YOUTH PROGRAMS



## Traditional Summer Camp 2014

Bay Oaks Traditional Summer Camp is open for children going into Kindergarten through age 13. Traditional camp packs a full day of indoor and outdoor activities, including arts and crafts, games, swimming, weekly field trips and much more.

**Open House: Tuesday June 3rd**

**When:**

Week 1: 6/9/14-6/13/14  
Week 2: 6/16/14-6/20/14  
Week 3: 6/23/14-6/27/14  
Week 4: 6/30/14-7/3/14  
Week 5: 7/7/14-7/11/14  
Week 6: 7/14/14-7/18/14  
Week 7: 7/21/14-7/25/14  
Week 8: 7/28/14-8/1/14  
Week 9: 8/4/14-8/8/14

**Fee:** \$75/Member  
\$100/Non-Member  
\$20 Discount when  
paid in full.

## Specialty Summer Camps

**Jr lifeguarding Camp:**

**Dates:** June 16th-June 20th, July 7th, July 11th or July 28th-August 1st.

**Hours:** 9am-2pm

**Fee:** \$95/Member, \$114 Non-Member.

**Basketball Skills Camp:**

**Dates:** June 9th-13th

**Hours:** 9am-12:30

**Fee:** \$50/Member, \$55/Non-Member.

**Kayaking Camp:**

**Dates:** July 14th-July 18th.

**Hours:** 9am-1pm

**Fee:** \$30/Member, \$36/Non-Member

**Babysitting Camp:**

**Dates:** August 11th-20th.

**Hours:** 9am-2pm.

**Cost:** \$65/Member, \$78/Non-Member



## Counselor In Training

The Bay Oaks Counselor-In-Training program offers teens educational and leadership experiences, preparing them to be future leaders of Bay Oaks. The purpose of the CIT Program is to provide teens with opportunity to develop necessary skills and gain valuable work experience that will prepare them to be future counselors. Counselor in Training participants are teens ages 14-17, who have completed the interviewing process and have been identified as someone who can demonstrate positive leadership abilities. Stop by Bay Oaks and pick up your CIT registration from.

For more information please contact Sarah at 765-4222,

## Youth Lock In

Just like the Teen Lock-In! Come spend the night at Bay Oaks with all of your friends playing games, enjoying pizza, ice cream and having a great night. This Lock In is designated for kids currently in grades 4th-6th.

**Registration Deadline:** Friday, May 16th.  
Friday, June 6th.

**When:** Saturday, May 24th.  
Saturday, June 14th. .

**Fee:** \$10/Member. \$12/Non-Member.

## Parents Night Out

PNO offers a night out for parents while your children are being safely supervised in a fun and exciting environment at Bay Oaks. Check out that restaurant you've heard so much about, catch a movie, enjoy a romantic evening together, we will take care of the rest. PNO is from 7pm-11pm

**When:** Friday, May 30th.  
Friday, June 27th.

**Fee:** \$10/Member. \$12/Non-Member.



# TEEN & YOUTH PROGRAMS



## Youth & Teen Schedule of Events

May  
June

Date	Event	Time
5/2	Back Yard Games	5:30pm-8:30pm
5/24	Youth Lock-In	9pm-7am
5/27-5/30	Fun Day	7:30am-6pm
5/29	Sun Splash	10am-4pm
5/30	Parent Night Out	7pm-11pm

Date	Event	Time
6/6	Back Yard Games	5:30pm-8:30pm
6/9	Start of Summer Camp	7:30am-6pm
6/18	Mike Green Wells	10am-4:00pm
6/14	Youth Lock-In	9pm-7am
6/21	Teen Lock-In	9pm-7am
6/27	Parents Night Out	7pm-11pm

Town of  
Fort Myers Beach

Parks & Rec Dept.  
Bay Oaks



Sarah Mayher

Program Coordinator  
239.764.4222 x 184

[Sarah@fortmyersbeachfl.gov](mailto:Sarah@fortmyersbeachfl.gov)

# ADULT PROGRAMS



## Fitness Room

Our fitness room offers over 1,500 square feet of workout area making Bay Oaks the largest weight room on Fort Myers Beach and has a capacity of 50 people.

### The fitness room offers:

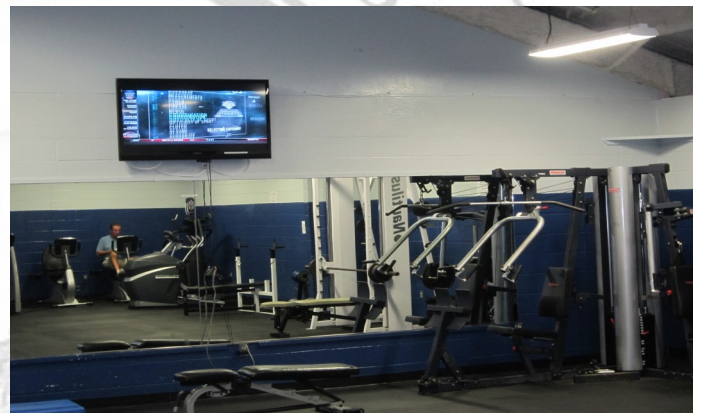
3 Treadmills  
1 Recumbent Bike  
Stair-Stepper  
Elliptical  
Free Weight Bench  
Smith Machine  
All-in-One  
Free Weight dumbbells, bars and attachments  
Spacious multi-purpose area  
50 inch flat screen T.V.

The fitness room is called The Al Oerter Weight Room, in memory of the four-time U.S. Olympics champion discus thrower who lived on the Beach and donated a lot of equipment to Bay Oaks before he passed away.

**Fee:** Free/Member. \$4/Non-Member.

### Fitness Room Hours:

Monday, Wednesday, Friday 8:00am-9:00pm.  
Tuesday, Thursday, Saturday 10:00am-9:00pm.



## Free Fitness Center Orientation

Just starting to learn how to workout? No problem! Bay Oaks offers a “free” weight room orientation to all members. In this class you will learn how to properly use each piece of equipment in the Fitness Center. The staff member leading the class will also give you tips and tricks on how to workout different parts of your body. **Pre-registration is required.**

**When:** Mondays at 11:00am.

**Fee:** Free/Member. \$4/Non-Member.





# ADULT PROGRAMS



## RPM Fitness Spin

If you are looking for a different way to exercise, check out Bay Oaks' fastest class on wheels. *RPM Spin Class* offers something for everyone. Ride a bike to tunes that will get your pulse racing. Each class offers a 45 minute ride.

**When:** Monday, Wednesday, Friday at 8:00am.  
Tuesday at 6:00pm.

**Fee:** (Day Pass) \$7/Member. \$9/Non-Member.  
(10 Class Punch Card) \$70/Member. \$90/Non-Member.



## Senior Cycle/Flexibility/Toning Class

Bay Oaks is offering a combination class of Spinning (cycling), flexibility coordination and toning segments designed for seniors. Participants will warm up with a 15 minute cycle ride to music, followed by flexibility, coordination, and toning segments.

**When:** Monday, Wednesday, Friday at 10am.

**Fee:** (Day Pass) \$7/Member. \$9/Non-Member.  
(10 Class Punch Card) \$70/Member. \$90/Non-Member.



## Super Senior Fitness

Super Senior Fitness is a new program at Bay Oaks designed to help those who are having trouble with mobility regain their range of movement. Participants will remain in a stationary position and go through stretching and flexibility exercises. This is only a 30 minute class.

**When:** Tuesday at 9:15am.

**Fee:** \$5/Member. \$7/Non-Member.



## Body Pump

Bodypump will sculpt, tone and strengthen your entire body, fast! This class is one of the world's fastest ways to get in shape as it challenges all of your major muscle groups while you squat, press, lift and curl. The cutting-edge Bodypump choreography and chart-topping music, with your choice of weight and highly-trained instructors, will provide you with the group effect and results you've been looking for! Bodypump is enjoyed by millions of people around the world!

**When:** Tuesday, Thursday at 8:00am.  
Thursday at 6:00pm.

**Fee:** (Day Pass) \$7/Member. \$9/Non-Member.  
(10 Class Punch Card) \$70/Member. \$90/Non-Member.

# ADULT PROGRAMS



## Yoga

Come experience the relaxation and fitness benefits of Yoga at Bay Oaks. No experience necessary. Learn the postures and techniques in a fun and friendly environment. Mats and hand weights are provided if needed.

**When:** Tuesday at 9:00am,  
Wednesday at 6:00pm  
Thursday at 9:00am

**Fee:** Single Class- \$10/Member. \$12/Non-Member.  
10 Class Punch Card- \$90/Member. \$110/Non-Member.



## Abs Toner

Abs Toner class is a short period, high intensity core workout class designed to burn fat and tone the midsection. Participants will perform high repetition exercises that will sculpt, tone and strengthen the abdomen.

**When:** Monday, Wednesday, Friday at 9:15am.

**Fee:** (Day Pass) \$5/Member. \$7/Non-Member.  
(10 Class Punch Card) \$50/Member. \$70/Non-Member.

## Bokwa

Bokwa is a new and completely different approach to group exercise that is rapidly spreading across the globe. Bokwa participants draw letters and numbers with their feet while performing an energizing and addictive cardio workout routine. Moving together to today's most popular music, participants of all ages draw the Bokwa L, 3, J, K and dozens of other steps.

**When:** Tuesday at 5:30pm, Thursday at 8:30am.

**Fee:** (Day Pass) \$6/Member. \$8/Non-Member.  
(10 Class Punch Card) \$60/Member. \$80/Non-Member.



## Step & Tone

Step & Tone is an energizing step workout that consists of both cardio and strength training. Participants use a height-adjustable step and simple movements on, over, and around the step all set to sing-along-music. Cardio blocks push fat burning systems into high gear followed by full-body muscle conditioning that shapes and tone your body.

- Burn calories for a leaner body
- Improve your core through conditioning work
- Improve your coordination
- Improve your bone health and density
- Increase your heart and lung capacity through a full-body cardio workout

*Begins on 6/3/14*

**When:** Tuesday at 8:30am, Thursday at 5:30pm.

**Fee:** (Day Pass) \$6/Member. \$8/Non-Member.  
(10 Class Punch Card) \$60/Member. \$80/Non-Member.



# ADULT PROGRAMS



## Adult Basketball League

Registration for the summer season of Bay Oaks Recreation Center's Adult Basketball League is now open. If you are looking for some fun and friendly hoops competition then sign you and your team up today! Each team will play 8 regular season games followed by at least 1 playoff game. Custom jerseys will be given to each team. All games will be played on Monday nights.

**League Start Date:** Monday, June 16th.

**Registration Deadline:** Monday June 2nd.

**Team Fee:** \$450.

## Adult Wiffleball League

Bay Oaks Recreation Center is home to the area's most unique athletic league. Our Adult Wiffleball League is a fun, fast paced version of baseball that is played in a 4 vs. 4 format in our custom indoor stadium. All participants must be 16 years of age to play. All games are played on Wednesday nights beginning at 6:00pm. All teams will play 10 regular season games followed by at least 1 playoff game and receive custom team jerseys.

**League Start Date:** Wednesday, June 4th.

**Registration Deadline:** Wednesday, May 21st.

**Team Fee:** \$150.



## Upcoming Leagues

### Fall 2014

**Adult Softball:** Sunday nights, \$450/Team.

**Adult Dodge ball:** Wednesday nights, \$350/Team.

**Adult Volleyball:** Thursday nights, \$450/Team.

For information on these or any of our other Adult Programs, please contact Adam Leicht, Athletic and Fitness Coordinator @ (239) 765-4222 ext. or [adamleicht@fortmyersbeachfl.gov](mailto:adamleicht@fortmyersbeachfl.gov)



# May 2014 Gym and Fitness Calendar



SUN	MON	TUE	WED	THU	FRI	SAT
	<i>Professional, skilled instructors, trainers and staff are here to assist you.</i>	<i>All activities are conducted inside our air conditioned BORG Gymnasium.</i>		1. <b>8-9am</b> Body Pump <b>9-10am</b> Yoga <b>10am-5:30pm</b> Open Basketball <b>5:30-6:30pm</b> Step & Tone <b>6-7pm</b> Body Pump <b>6:30-9pm</b> Open Basketball	2. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>1-9pm</b> Open Basketball <b>6-9pm</b> Indoor Soccer	3.
4.	5. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>1-9pm</b> Open Basketball	6. <b>8-9am</b> Body Pump <b>9-10am</b> Yoga <b>10am-5:30pm</b> Open Basketball <b>5:30-6:30pm</b> Bokwa <b>6-7pm</b> RPM Spinning <b>6:30-9pm</b> Open Volleyball	7. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>1-5:30pm</b> Open Basketball <b>6-7pm</b> Yoga <b>6-9pm</b> Wiffleball League	8. <b>8-9am</b> Body Pump <b>9-10am</b> Yoga <b>10am-5:30pm</b> Open Basketball <b>5:30-6:30pm</b> Step & Tone <b>6-7pm</b> Body Pump <b>6:30-9pm</b> Open Basketball	9. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>1-9pm</b> Open Basketball <b>6-9pm</b> Indoor Soccer	10.
11.	12. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>1-9pm</b> Open Basketball	13. <b>8-9am</b> Body Pump <b>9-10am</b> Yoga <b>10am-5:30pm</b> Open Basketball <b>5:30-6:30pm</b> Bokwa <b>6-7pm</b> RPM Spinning <b>6:30-9pm</b> Open Volleyball	14. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>1-5:30pm</b> Open Basketball <b>6-7pm</b> Yoga <b>6-9pm</b> Wiffleball League	15. <b>8-9am</b> Body Pump <b>9-10am</b> Yoga <b>10am-5:30pm</b> Open Basketball <b>5:30-6:30pm</b> Step & Tone <b>6-7pm</b> Body Pump <b>6:30-9pm</b> Open Basketball	16. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>1-9pm</b> Open Basketball <b>6-9pm</b> Indoor Soccer	17.
18.	19. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>1-9pm</b> Open Basketball	20. <b>8-9am</b> Body Pump <b>9-10am</b> Yoga <b>10am-5:30pm</b> Open Basketball <b>5:30-6:30pm</b> Bokwa <b>6-7pm</b> RPM Spinning <b>6:30-9pm</b> Open Volleyball	21. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>1-5:30pm</b> Open Basketball <b>6-7pm</b> Yoga <b>6-9pm</b> Wiffleball League	22. <b>8-9am</b> Body Pump <b>9-10am</b> Yoga <b>10am-5:30pm</b> Open Basketball <b>5:30-6:30pm</b> Step & Tone <b>6-7pm</b> Body Pump <b>6:30-9pm</b> Open Basketball	23. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>1-9pm</b> Open Basketball <b>6-9pm</b> Indoor Soccer	24.
25.	26. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>1-9pm</b> Open Basketball	27. <b>8-9am</b> Body Pump <b>9-10am</b> Yoga <b>10am-5:30pm</b> Open Basketball <b>5:30-6:30pm</b> Bokwa <b>6-7pm</b> RPM Spinning <b>6:30-9pm</b> Open Volleyball	28. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>1-5:30pm</b> Open Basketball <b>6-7pm</b> Yoga <b>6-9pm</b> Wiffleball League	29. <b>8-9am</b> Body Pump <b>9-10am</b> Yoga <b>10am-5:30pm</b> Open Basketball <b>5:30-6:30pm</b> Step & Tone <b>6-7pm</b> Body Pump <b>6:30-9pm</b> Open Basketball	30. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>1-9pm</b> Open Basketball <b>6-9pm</b> Indoor Soccer	31.





## June 2014 Gym and Fitness Calendar



SUN	MON	TUE	WED	THU	FRI	SAT
1.	2. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>6-9pm</b> Open Basketball	3. <b>8-9am</b> Body Pump <b>8:30-9:30am</b> Step & Tone <b>9-10am</b> Yoga <b>5:30-6:30pm</b> Bokwa <b>6-7pm</b> RPM Spinning <b>6:30-9pm</b> Open Volleyball	4. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>6-7pm</b> Yoga <b>6-9pm</b> Wiffleball League	5. <b>8-9am</b> Body Pump <b>8:30-9:30am</b> Bokwa <b>9-10am</b> Yoga <b>5:30-6:30pm</b> Step & Tone <b>6-7pm</b> Body Pump <b>6:30-9pm</b> Open Basketball	6. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>6-9pm</b> Open Basketball <b>6-9pm</b> Indoor Soccer	7.
8.	9. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>6-9pm</b> Open Basketball	10. <b>8-9am</b> Body Pump <b>8:30-9:30am</b> Step & Tone <b>9-10am</b> Yoga <b>5:30-6:30pm</b> Bokwa <b>6-7pm</b> RPM Spinning <b>6:30-9pm</b> Open Volleyball	11. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>6-7pm</b> Yoga <b>6-9pm</b> Wiffleball League	12. <b>8-9am</b> Body Pump <b>8:30-9:30am</b> Bokwa <b>9-10am</b> Yoga <b>5:30-6:30pm</b> Step & Tone <b>6-7pm</b> Body Pump <b>6:30-9pm</b> Open Basketball	13. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>6-9pm</b> Open Basketball <b>6-9pm</b> Indoor Soccer	14.
15.	16. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>6-9pm</b> Basketball League	17. <b>8-9am</b> Body Pump <b>8:30-9:30am</b> Step & Tone <b>9-10am</b> Yoga <b>5:30-6:30pm</b> Bokwa <b>6-7pm</b> RPM Spinning <b>6:30-9pm</b> Open Volleyball	18. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>6-7pm</b> Yoga <b>6-9pm</b> Wiffleball League	19. <b>8-9am</b> Body Pump <b>8:30-9:30am</b> Bokwa <b>9-10am</b> Yoga <b>5:30-6:30pm</b> Step & Tone <b>6-7pm</b> Body Pump <b>6:30-9pm</b> Open Basketball	20. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>6-9pm</b> Open Basketball <b>6-9pm</b> Indoor Soccer	21.
22.	23. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>6-9pm</b> Basketball League	24. <b>8-9am</b> Body Pump <b>8:30-9:30am</b> Step & Tone <b>9-10am</b> Yoga <b>5:30-6:30pm</b> Bokwa <b>6-7pm</b> RPM Spinning <b>6:30-9pm</b> Open Volleyball	25. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>6-7pm</b> Yoga <b>6-9pm</b> Wiffleball League	26. <b>8-9am</b> Body Pump <b>8:30-9:30am</b> Bokwa <b>9-10am</b> Yoga <b>5:30-6:30pm</b> Step & Tone <b>6-7pm</b> Body Pump <b>6:30-9pm</b> Open Basketball	27. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>6-9pm</b> Open Basketball <b>6-9pm</b> Indoor Soccer	28.
29.	30. <b>8-9am</b> RPM Spinning <b>9:15-9:45am</b> Abs Toner <b>10-11am</b> Senior RPM <b>10am-1pm</b> Pickleball <b>6-9pm</b> Basketball League			<i>Professional, skilled instructors, trainers and staff are here to assist you.</i>	<i>All activities are conducted inside our air conditioned BORC Gymnasium.</i>	

# BAY OAKS SOCIAL SENIORS

*Active and lovin' it!*



## **Bowling Trip** **Gator Lanes—Fort Myers**

Escape the summer heat and take a ride with the BOSS program to newly renovated Gator Lanes. The price to participate is only \$13 and will include 2 games as well as shoes.



## **Big M Casino Boat**

**When:** Wednesday, June 18th at 11:30am.

**Fee:** \$13 Member. \$15/Non-Member.

**Registration Deadline:** Monday, June 16th.



## **Pickleball**

Pickleball is one of our most successful active programs for seniors.

Pickleball is a tennis-like game that is played indoors with paddles. This low-impact sport is perfect for seniors.

Come grab a paddle and check it out sometime!

**When:** Monday, Wednesday and Friday from 10am-noon.

**Fee:** Free/Member. \$4/Non-Member.

The Big M offers a Vegas Styled Casino experience on a ship with table games and slots. The tour is from 10:30 am to 4:30 pm. There is food and a buffet served on the boat as well. The ship will depart from Moss Marine. Meet us at Bay Oaks at 9:30 am or over at the Marine if that's easier for you.

**When:** Thursday, June 12th at 9:30am.

**Fee:** \$10/Member. \$12/Non-Member.

**Registration Deadline:** Monday, June 9th.

## **Mahjong**

Mahjong has become one of our most popular weekly activities. The game is played with 4 people and a set of 144 tiles based on Chinese characters and symbols. Our helpful volunteers will be there to teach the game to newcomers.

Mahjong will be **every Friday from 2pm—4pm** in the senior room of the BORC.

**Fee:** Free/Member. \$4/Non-Member.



# BAY OAKS SOCIAL SENIORS

*Active and lovin' it!*



## Fort Myers Beach Library Tour

To welcome the new additions to your beach library, Dr. Leroy Hommerding, library director, will be giving a guided tour of the new features to the building.

Come join us on this informational tour with your friends from the BOSS program.

The Library Café will be open for lunch after our tour is complete.

**When:** Friday, May 2nd @ 10:00am.

**Where:** Meet in the library lobby.

**Fee:** This is a free tour!

## Out-To-Lunch-Bunch

“Out to Lunch Bunch” meets the 4<sup>th</sup> Wednesday of the month to enjoy an outing to a local eatery, good fellowship and maybe a little shopping before we come home. Lunch is “Dutch treat” (on your own).

Pre-registration by the Monday before the trip is required. Van will leave at 11:00am from BORC.

**When:** MAY 28 (Cantina Laredo— Fort Myers)  
JUNE 25 (Crystal Room at Shell Point)

**Fee:** \$2/Member. \$3/Non-Member.



## Monthly Potluck

The first Wednesday of the month we arrange the POTLUCK at Chapel! On **May 7th and June 4th**, let's plan to come together for a time of socializing and some of the best home cooking around! We'll provide the fried chicken...you bring your favorite dish. The Town always provides all the place settings and drinks as well. Lunch will be served at noon.

## Kayak Trips

### Koreshan State Park

The BOSS program would like to offer local seniors a chance to take a day out kayaking to the Koreshan State Park in Estero. The van will leave from Bay Oaks Rec Center and travel to Koreshan Park where we will launch the kayaks. This will be a 2-3 hour kayak trip. Be sure to pack a lunch or snacks for the trip. We will be stopping by Wendy's on the way back for a quick bite to eat.

From expert kayakers to beginners, all are invited to embark on this easy-going yet very scenic trip.

**When:** Monday, May 19th. Van leaving at 9:30am-returning around 4pm.

**Fee:** \$20/Member. \$25/Non-Member.

**Registration Deadline:** Friday, May 16th.

# BAY OAKS SOCIAL SENIORS

*Active and lovin' it!*



## Fort Myers Miracle

### Memorial Weekend Fireworks

Come join us on your Memorial weekend for a fine evening of baseball and one of the best firework displays in southwest Florida.

Come watch the Miracle play the Jupiter Hammerheads on Saturday, May 24th. The first pitch will be thrown at 6:05pm. The last out of the game will be followed by the annual Memorial weekend fireworks.



**When:** Saturday, May 24th. Departure @ 5:00pm.

**Fee:** \$12/Member. \$14/Non-Member.

### Broadway Palm Dinner Theatre The Music Man

Meredith Wilson's The Music Man follows fast-talking traveling salesman Harold Hill as he cons the people of River City, Iowa into buying instruments and uniforms for a band he vows to organize; this is despite the fact that he doesn't know a trombone from a treble clef. His plans to skip town with the cash are foiled when he falls for Marian the librarian. You'll hear Seventy-six Trombones, Goodnight Ladies, Shipoopee and more!

Full dinner buffet at 5:30. Play begins at 7:30.

**When:** Wednesday, May 14th. Departure 4:30pm.

**Registration Deadline:** Friday, May 9th.

**Fee:** \$61/Member. \$65/Non-Member.

## BOSS Social Bridge

Play social Bridge at Chapel by the Sea every Monday and Thursday from 1p-4p. Duplicate bridge will be taking a break until January. BOSS members are expected to make a donation while non-members have a daily fee of \$4. Donations are also encouraged to be made to







## May 2014

### Monthly Class Schedule

	Time	Class	Room
<b><u>Monday</u></b>			
Town of Fort Myers Beach Parks & Recreation Department			
Bay Oaks Recreational Campus	9:00 am	Water Aerobics	Pool
2731 Oak Street	10:00 am	Senior Cycling	Senior Room
239.765.4222	10:00 am	Pickleball	Gym
	12:00 pm	Dominoes	Senior Room
Randy Norton	1:00 pm	Bridge	Chapel by the Sea
Parks and Recreation Director			
<b><u>Tuesday</u></b>			
	10:00 am	Activities Day	Senior Room
	5:30 pm	Bokwa	Gym
<b><u>Wednesday</u></b>			
Emergency 911	9:00 am	Water Aerobics	Pool
	10:00 am	Pickleball	Gym
United Way 211	10:00 am	Senior Cycling	Senior Room
	10:00 am	Aqua Zumba	Pool
Elder Help line			
1.866.413.5337			
<b><u>Thursday</u></b>			
	12:00 pm	Dominoes	Senior Room
Elder Abuse	1:00 pm	Bridge	Chapel by the Sea
1.800.962.2873	5:30 pm	Bokwa	Gym
<b><u>Friday</u></b>			
Area Agency on Aging	9:00 am	Water Aerobics	Pool
652.6900	10:00 am	Senior Cycling	Senior Room
Beach Town Hall	10:00 am	Pickleball	Gym
765.0202	2:00 pm	Mahjong	Senior Room



## June 2014

### Monthly Class Schedule

Town of Fort Myers Beach Parks  
& Recreation Department

Bay Oaks Recreational Campus

2731 Oak Street

239.765.4222

Randy Norton

Parks and Recreation Director

Time

Class

Room

#### Monday

9:00 am Water Aerobics

Pool

10:00 am Senior Cycling

Senior Room

10:00 am Pickleball

Gym

12:00 pm Dominoes

Senior Room

1:00 pm Bridge

Chapel by the Sea

#### Tuesday

8:30 am Step & Tone

Senior Room

10:00 am Activities Day

Senior Room

5:30 pm Bokwa

Gym

Emergency 911

#### Wednesday

9:00 am Water Aerobics

Pool

10:00 am Pickleball

Gym

Elder Help line

10:00 am Senior Cycling

Senior Room

1.866.413.5337

10:00 am Aqua Zumba

Pool

Elder Abuse

#### Thursday

1.800.962.2873

8:30 am Bokwa

Senior Room

12:00 pm Dominoes

Senior Room

Area Agency on Aging

652.6900

1:00 pm Bridge

Chapel by the Sea

5:30 pm Step & Tone

Gym

#### Friday

9:00 am Water Aerobics

Pool

10:00 am Senior Cycling

Senior Room

10:00 am Pickleball

Gym

2:00 pm Mahjong

Senior Room





# Bay Oaks Social Seniors

*Active and Comin' At!*

## Monthly Event Schedule

**May 2014**

Town of Fort Myers Beach  
Parks & Recreation Department

Bay Oaks Recreational Campus

2731 Oak Street

239.765.4222

Date

Event

Departure Time

5/2

Library Tour

Tour starts at 10am

Randy Norton

5/7

Potluck—Chapel

Lunch served at noon

Parks and Recreation Director

5/14

Broadway Palm—Music Man

5:00 pm

5/19

Kayak—Koreschan State Park

9:30 am

Emergency 911

United Way 211

5/24

Florida Miracle— Baseball Game/Fireworks

4:30 pm

Elder Help line

1.866.413.5337

5/28

Out to Lunch Bunch—Cantina Laredo

11:00 am

**June 2014**

Elder Abuse

1.800.962.2873

Date

Event

Departure Time

Area Agency on Aging

652.6900

6/4

Potluck—Chapel

Lunch served at noon

6/12

Big M Casino Boat

9:30am

6/18

Bowling—Gator Lanes

11:30am

6/25

Out to Lunch Bunch—Shell Point Crystal Room 11:15am

# CULTURAL RESOURCES

## Guided Tours Of Mound House

Come and learn from one of our fantastic volunteer docents as they provide you with facts and unique information about the history, archaeology and environment at Mound House. The Plants and People Trail is a 400 foot winding pathway of native landscaping that was used by indigenous peoples and early pioneers, early American settlers. Stories Beneath Our Feet is an exhibit room within the shell mound where visitors have the opportunity to view the site's 2,000 year archaeological history through the layers in the mound! Meet for your tour on top of the mound at the picnic tables under the big tree. The historic William H Case house is currently closed for renovations.

**When:** 9:00am to 12:00pm.

**Free.** Donations appreciated.



**The final phase of interior restoration of the William H Case house is underway.**

## Volunteer Program

Volunteers are needed for a variety of opportunities. Mound House volunteers continue to meet during the third week of every month for a variety of exciting programs and field trips. This is a great opportunity for new or potential volunteers to meet staff and current volunteers and even learn a little something too!

Stop by the Mound House office on Tuesdays or Wednesdays between 9:00am and 5:00pm to see how you can help. Ask for Penny.

### Upcoming meetings:

Monthly meetings at Newton Park on May 9th and June 13th at 10am .



*Mound House Volunteers visited the Southwest Florida Museum of History and Burrough's Home during a recent*

## Internship Program

University and college students are welcome to participate in a variety of internship opportunities tailored to student interests and program requirements. Students have completed internships in the areas of history, archaeology, environmental programming, journalism and education.

Please contact Penny Jarrett, Education Coordinator, for more detailed information on volunteer and internship opportunities.



# CULTURAL RESOURCES

## Morning Beach Walks At Newton Park

Join our experienced biologist on a guided beach walk exploring the natural treasures that wash ashore on Estero Island beaches. Picking up pretty shells will relax and re-energize you as nothing else can.

**When:** Wednesdays at 9am.

**Free.** Donations appreciated.



Spider Crab; Photo by Emily Lewis

## Yoga at Seven Seas, Newton Park

This class is taught by Susan Carter, RYT, an instructor with over ten years of experience. If you are curious about yoga and wonder how to start, this is the way. What better time to unwind and de-stress than sunset at Newton Park. Participants should wear comfortable clothing and bring a yoga mat if they have one. Drop in participants are welcome. All experience levels are welcome. Even beginning yoga students can benefit after just one class.

**When:** Tuesdays at 5:45pm.

**Fee:** \$10.

## Paddle Boarding

### FREE Introduction

Join paddle board instructor, Carol Ellis at the Mound House kayak launch for a half hour introduction to paddle boarding. All equipment is provided. Please call ahead to reserve a space.

**When:** Thursdays at 10:00am.

### Paddle Boarding Tours of the Bay

Paddle through mangrove tunnels and enjoy the wildlife and peacefulness of the surroundings on a guided tour with an experienced guide. All equipment provided. Please call ahead to reserve a space.

**When:** Thursdays at 10:30am.

**Fee:** \$50 per person.

## Rent Newton Park!

Enjoy the beautifully restored Seven Seas beach cottage at Newton Park, once home to James and Eleanor Newton. Jim, most well known for authoring the book, "Uncommon Friends" and his wife, Eleanor, who published two books herself, hosted large tea parties with upwards of 50 distinguished people. Now you can host your own event at Seven Seas too. Also available for your outdoor get together is the chickee picnic pavilion with three picnic tables. Contact our office at 765-0865.

# BEACH POOL



## Water Aerobics

Water Aerobics consists of large rhythmic movements done in water to increase heart rate and improve cardiovascular fitness. The resistance of water adds toning and strengthening to major muscle groups. While the water decreases impact to the joints. There is bouncing and jumping in the class.

**When:** Monday, Wednesday, Friday  
9am-10am.

**Fee:** \$4/Member.  
\$5/Non-Member.

## Aqua Zumba

Aqua Zumba brings the Zumba Fitness Experience to the water by adapting all the Latin moves to an aquatic fitness class. This class will tone your muscles and give you cardiovascular training while having a lot of fun.

**When:** Thursday, 9:00am. Starting June 5th.

**Fee:** \$6/Member.  
\$8/Non-Member.

## Senior Swim Sundays

Seniors, come enjoy a morning at the pool all to yourselves. On Senior Swim Sundays, seniors can use the lap pool before we open on Sunday mornings at a discounted rate. Patrons 50 years old and up are encouraged to come in.

**When:** Sunday, 10am-Noon.

**Fee:** \$2.50/Non-Member.

## Summer Hours

Sunday:	Noon-6pm
Monday:	10am-6pm
Tuesday:	10am-6pm
Wednesday:	10am-6pm
Thursday:	10am-6pm
Friday:	10am-6pm
Saturday:	10am-6pm



**For any questions  
contact the pool**

**Fort Myers Beach  
Community Pool  
2600 Oak Street  
Fort Myers Beach, FL 33931  
(239) 463-5759  
(239)463-5759**



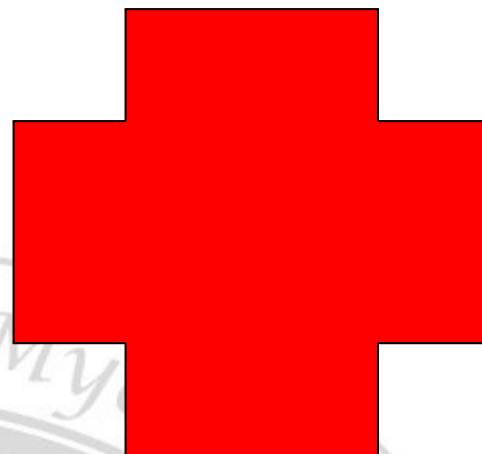
# BEACH POOL



## Lifeguarding

Interested in a great summer job or challenging career as a professional lifeguard? Through videos, group discussion and hands-on practice, you'll learn teamwork, rescue and surveillance skills, First Aid and CPR/AED and other skills you need to work as a professional lifeguard. Students who successfully complete this course will receive a certificate for Lifeguarding valid for 2 years.

**When:** Friday, May 16th, 5pm-9pm.  
Saturday & Sunday May 17th & 18th, 8am-5pm.  
**Fee:** \$150.



## CPR/AED Certification

The Adult CPR/AED course incorporates the latest science and teaches students how to respond to breathing and cardiac emergencies for victims about 12 years and older. Students who successfully complete this course will receive a certificate for Adult CPR/AED valid for two years.

**When:** Tuesday, May 27th.  
Tuesday, June 24th.

**Where:** Bay Oaks Recreation Center.

**Fee:** \$50/Member. \$70/Non-Member.



## Family Fun Night

Come spend an evening at the Fort Myers Beach Pool with the whole family while saving a bit of money. By popular demand, the Fort Myers Beach Pool brings back the family rate for one evening. Spend family time playing pool basketball, going down the waterslide, splashing around in our kid pool, or just swimming in our wonderful lap pool. There is something for the whole family at the Fort Myers Beach Pool!

**When:** Friday, May 30th, 6pm to 8pm.

**Where:** Fort Myers Beach Pool.

**Cost:** \$10/Family (Up to 4 people).

# BEACH POOL



## Teen/Tween Night

Come enjoy an evening at the pool with all of your friends. Teen Tween Fun Night is for patrons ages 12-17 to come to the pool at a discounted rate after we close. Fill the time going down our two story high waterslide, shooting hoops on our pool basketball hoop, or just enjoying swimming around our huge 25 yard pool! There is something for everyone at the Fort Myers Beach Pool!

**When:** Friday, June 13th, 6-8pm.

**Fee:** \$2.50/Person.

## Flick and Float

What is better than spending a Friday evening with the family watching a movie? How about watching the movie under the stars floating on the water! Our Flick and Float movie night allows you to do just that! Come out and enjoy an evening of entertainment with the family with only paying the normal admission fee to the pool!

Doors open at 6pm and the movie will start at dusk.

**When:** Friday, June 27th.  
Showing *Frozen*.

**Where:** Fort Myers Beach Pool.

**Fee:** \$4.50/Adults. \$2.50/Children.



## Rentals and Parties

### During Hours

Umbrella Rental: \$20/2 hours.  
Plus  
Adult: \$4.50 Child: \$2.50

### After Hours

1-24 People: \$150/2 Hours.  
25-50 People: \$250/2 Hours.  
51-100 People: \$350/2 Hours.







# American Red Cross

## Swim Lessons

### *Fort Myers Beach Community Pool*



Session		Days of Week	Session Dates
Saturday Session 1		Saturday	April 19 <sup>th</sup> -May 24 <sup>th</sup>
Saturday Session 2		Saturday	June 7 <sup>th</sup> -July 12 <sup>th</sup>
Saturday Session 3		Saturday	July 26 <sup>th</sup> -August 30 <sup>th</sup>
Saturday Session 4		Saturday	September 13 <sup>th</sup> -October 18 <sup>th</sup>
Weekday Session 1		Monday through Thursday	June 2 <sup>nd</sup> -June 12 <sup>th</sup>
Weekday Session 2		Monday through Thursday	June 23 <sup>rd</sup> -July 3 <sup>rd</sup>
Weekday Session 3		Monday through Thursday	July 14 <sup>th</sup> -July 24 <sup>th</sup>
Level	Saturday Times	Weekday Times	Fees
Parent and Child	8:00am-8:40am	8:00am-8:30am	\$40.00 per child
Preschool Level One	8:00am-8:40am	8:00am-8:30am	\$40.00 per child
Preschool Level Two	8:40am-9:20am	8:40am-9:10am	\$40.00 per child
Learn to Swim Level 1	8:40am-9:20am	8:40am-9:10am	\$40.00 per child
Learn to Swim Level 2	9:20am-10:00am	9:20am-9:50am	\$40.00 per child
Learn to Swim Level 3	9:20am-10:00am	9:20am-9:50am	\$40.00 per child

### Swim Lesson Descriptions

#### Parent and Child Aquatics

Parents and children learn together to increase children's comfort in the water and build a foundation of basic aquatic and water safety skills. This level is designed for children ages 6 months to 3 years of age and must be accompanied in the water by an adult.

#### Preschool Level One

Orients the children to the aquatic environment and helps them gain basic aquatic skills. Skills taught in this level are blowing bubbles, submerging head and floating. This level is designed for children ages 3-5.

#### Preschool Level Two

Helps children gain greater independence in their skills and develop more comfort in and around water. Skills taught in this level include glides, using arms on front and back and treading water. This level is designed for children ages 3-5.

#### Learn to Swim Level One

Helps participants feel comfortable in the water. Skills taught in this level include entering and exiting the water, fully submerging the head, and floating. This level is designed for children 5-12.

#### Learn to Swim Level Two

Level Two gives participants success with fundamental skills. Skills taught in this level include front and back glides, treading water and using arms and legs on front and back. This level is designed for children ages 5-12.

#### Learn to Swim Level Three

Level Three builds on skills with practice in deeper water. Skills taught in this level include survival float, front crawl, backstroke, dolphin kick and scissor kick. This level is designed for children 5-12.

Saturday Classes consist of six 40 minute classes.  
Weeknight Classes consist of eight 30 minute classes.  
**Please Contact the Pool for Registration details.**

## May and June

### Bay Oaks Hours of Operation

Monday: 10am-9pm

Tuesday: 10am-9pm

Wednesday: 10am-9pm

Thursday: 10am-9pm

Friday: 10am-9pm

Saturday: 10am-9pm

### Beach Pool Hours of Operation

Monday: 10am-6pm

Tuesday: 10am-6pm

Wednesday: 10am-6pm

Thursday: 10am-6pm

Friday: 10am-6pm

Saturday: 10am-6pm

Sunday: 12pm-6pm

**Find us-** Instagram: @bayoaksrec Facebook: Bay Oaks Recreational Campus [www.bayoaksrec.org](http://www.bayoaksrec.org)



**Bay Oaks Recreational Campus**

**2731 Oak Street**

**Ft. Myers Beach, FL. 33931**